



DHARMA DRUM MOUNTAIN BUDDHIST ASSOCIATION

Melbourne Chapter

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*More praise and less
criticism!
Cut down the karma that
comes from what you say.*

少批評、多讚美，
是避免造口業的好方法

聖嚴法師

Master Sheng Yen

JULY 2015

5 Sunday 星期日

10:30am - 12:30pm : Group Meditation Practice 禪坐共修
2:00pm - 4:00pm Great Compassion Repentance Dharma Assembly 大悲懺

12 Sunday 星期日

10:30am - 12:30pm : Group Meditation Practice 禪坐共修
2:00pm - 4:00pm : Dharma Class with Andrew Williams 佛法分享

18 Saturday 星期六

10:30am - 12:30pm : Mindfulness Art & Craft Series (Doll making Workshop)
禪心巧藝工作坊---胖娃娃制作工作坊

19 Sunday 星期日

10:30am - 12:30pm : Group Meditation Practice 禪坐共修
2:00pm - 4:00pm : Bodhisattva Precepts Recitation 菩薩戒誦念會
2:00pm - 4:00pm : Dharma Class with Andrew Williams 佛法分享

26 Sunday 星期日

10:00am - 12:00pm : Tree Planting (Venue to be advised) 植树活动
10:30am - 12:30pm : Group Meditation Practice 禪坐共修
2:00pm - 4:00pm : The 18 Arhats - A Dharma Presentation by Mark Crosbie 佛法分享- 18 羅漢

Coming in August (Saturday 星期六 22 & 29)

9:30am - 12:30pm : Meditation for Beginners (in English)
1:30pm - 4:30pm : Meditation for Beginners(in Chinese)初级 禪训 班(中文)